

**When you have a child with a disability,  
navigating healthcare and education systems  
can be overwhelming and expensive.**

***ASK Resource Center is here to help.***

ASK Resource Center is a statewide nonprofit organization that provides **no-cost training, resources, and one-on-one support** for individuals with disabilities, their families, and the people who serve them.

## **ASK Resource Center**

Special Education ♦ Health Care ♦ Disability Rights

Peer Support ♦ Training ♦ Empowerment

**(800) 450-8667**

**[www.askresource.org](http://www.askresource.org)**

### **VISION**

Access, Empowerment, and Acceptance for All.

### **MISSION**

Empowering individuals with disabilities and their family members by providing innovative and collaborative advocacy, training, resources and supports.

### **VALUES**

Passion and Fearlessness ♦ Individualized Attention ♦ Integrity  
Excellence in Stewardship ♦ Unyielding Commitment ♦ Collective Impact



*ASK Resource Center is a member of the Parent to Parent USA Alliance,  
and also serves as Iowa's Family Voices State Affiliate Organization.*

**FAMILY VOICES**®

