

RESPECT Training for Family Peer Support Specialists

This FREE workshop consists of 6, half-day, Zoom sessions exclusively for training Family Peer Support Specialists in relationship building and conflict resolution. Participants will come away with skills that can be used when addressing professional and personal conflict. Employers can get \$50 stipend for each day they attend. Registration is limited and you must register by Dec 4. *FPSS can apply for CEUs.*

The training dates are: Dec. 7, Dec. 10, Jan. 11, Jan. 14, Jan 25 & Jan 28

Half Days: 8:00 a.m. - 1:00 p.m.

A Zoom link will be sent to registrants by email.

[CLICK HERE TO REGISTER!](#)

Meet our Experienced Trainers skilled in conflict resolution and advocacy:



Monica Rouse has served in public education since 1992 as high school English teacher, middle and high school principal, and district curriculum director. Additionally, she served as a consultant for the Iowa Department of Education as the professional development and curriculum consultant for Iowa Learning Online. As of May 2020, she is an assistant professor at Western Illinois University facilitating instruction in the educational leadership department. Monica has worked with ASK Resource Center since 2012 as the agency's dispute resolution coordinator and as a lead trainer for RESPECT. Her academic credentials include a BA from Northern Illinois University, a MS and an EdS from Western Illinois University, and an EdD from Walden University.

Monica has a passion for supporting families who have children with special needs and helping parents become skilled advocates. Monica is married to Tim, and they have two young adult children. Their youngest, Elizabeth, was born with Leber's Congenital Amaurosis and inspired Monica's passion for advocacy.



Alicia Karwal and her husband, Jason, live in Adel with their two daughters, Isabelle (13) and Sophia (10). She holds degrees from the University of Northern Iowa in Elementary and Special Education with a Master's in Curriculum and Instruction. Alicia is a former special education teacher and currently works at ASK Resource Center as a Family Support Specialist. She feels privileged to work with Iowa families of children with disabilities to help guide, support and empower families in their journey. Alicia also enjoys the opportunity to work with the many professionals that serve these individuals. She has always been passionate about advocating for individuals with differing needs.

Alicia has lived experience with disabilities. Her husband lives with a spinal cord injury. Their youngest daughter has several diagnoses including cerebral palsy and ADHD. In her free time, she enjoys reading, traveling, spending time with family and friends and watching her girls do all the things they love.



Sandy Kraschel has worked with families of children who have special needs and the educators and community providers who serve them for over 30 years. She retired recently after 27 years with Central Rivers Area Education Agency working in the Family and Educator Partnership program.

Sandy graduated with a BS from the College of Charleston, Charleston, South Carolina. She has continued her learning in the areas of personnel management and supervision, Special Education and communication.

Sandy and her husband live in Clear Lake. They are the parents of three awesome adults. Their youngest daughter was identified with special needs when she was 6 months old. With that parent perspective, this led Sandy to her work in the area of disabilities and interagency collaboration.