

Governor's Developmental Disabilities Council

Quick Reference List of Resources for Iowans with Disabilities & Family Members

Alliance for the Mentally Ill

Provides support and information to families, friends, and individuals with a mental illness.

5911 Meredith Drive, Suite E ♦ DSM ♦ 50322
Phone: 1-800-417-0417 or 515/ 254-0417
Fax: 515/ 254-1103 ♦ E-mail: AMIowa@aol.com

The Arc of Iowa

A statewide advocacy organization of parents and others representing people with mental retardation and other disabilities.

3821 71st Street, Ste A ♦ Urbandale ♦ 50322
Phone: 1-800-362-2927 ♦ Phone: 515/ 210-6686
Fax: 515/ 309-0860 ♦ E-mail: cwesthoff@arceci.org

ASK Family Resource Center

Through its member organizations, ASK provides a broad range of information, advocacy, support, training, and direct services. A single contact can direct individuals or families to the most appropriate services and supports to meet their needs.

Parent Training and Information Center (PTIC)
Families of Iowa Network for Disabilities (FIND)
Family Voices of Iowa
Health & Information Center
Learning Disability Association of Iowa
Latino Institute for Education
Self Advocates Leadership for Youth with Disabilities (SALYD)

321 East Sixth Street ♦ Des Moines ♦ 50309-1903
Phone: 1-800-450-8667 or 515/ 243-1713
TDD: 1-800-735-2942 ♦ Fax: 515/ 243-1902
E-mail: info@askresource.org ♦ <http://www.askresource.org>

Autism Society of Iowa

A statewide advocacy organization of parents and others representing people Iowans with autism.

4549 Waterford Drive ♦ West Des Moines ♦ 50265
Phone: 1-888-722-4799 ♦ 515/ 327-9075
E-mail: autism50ia@aol.com ♦ <http://www.autismia.org>

Brain Injury Association of Iowa

An advocacy organization representing people with brain or head injuries.

Phone: 1-800-475-4442 or 319/ 272-2312

Center for Disabilities and Development, University of Iowa Hospitals and Clinics

As Iowa's University Center for Excellence on Disabilities, the Center for Disabilities and Development (CDD) promotes the independence, productivity and community inclusion of individuals with developmental disabilities through a broad range of health care, training, technical assistance, and information sharing activities.

100 Hawkins Dr. ♦ Iowa City ♦ 52242-1011
Phone: 877-686-0031 (toll-free) or 319/ 353-6900
TTY: 877-686-0032 ♦ Fax: 319/ 356-8284
E-mail: cdd-scheduling@uiowa.edu
<http://www.uihealthcare.com/cdd>

Alfred Healy Clinic

The Healy Outpatient Clinic provides individuals with disabilities and their families access to a unique combination of expertise, services, and family-centered health care. The most frequent needs that bring patients to the Clinic are comprehensive development evaluations and behavior, education, and communication concerns.

Phone: 877-686-0031 (toll-free) or 319/ 353-6900
E-mail: cdd-scheduling@uiowa.edu

Disability Resource Library

A lending library of books, videotapes, and other resources on disability issues: free for people with disabilities and family members. Other people, organizations, and agencies may purchase yearly subscriptions or may pay per item.

Phone: 800-272-7713 or 319/ 356-1345
Fax: 319/ 353-6532
E-mail: disability-library@uiowa.edu
<http://www.uihealthcare.com/cdd> - Click on Disability Resource Library

Inpatient Service

People with disabilities sometimes have complex needs that cannot be met through CDD's outpatient services. These patients may use the resources of the CDD Inpatient Service. Common concerns that bring patients to the Inpatient Service are acute neurotrauma rehabilitation, diabetes, behavior disorders, Ketogenic diet, and weight management.

Phone: 877-686-0031 (toll-free) or 319/ 356-7404

Iowa COMPASS

A free information and referral service for Iowans with disabilities and their families. Provides information about services such as health care, child development, education, employment, aging, and others. Also provides information and funding referral about assistive technology, and offers a Used Equipment Referral Service.

Phone: 800-779-2001 ♦ Fax: 319/ 384-5139
E-mail: iowa-compass@uiowa.edu
<http://www.iowacompass.org>

Deaf Services Commission of Iowa

Serve, represent, and provide greater understanding of deaf and hard of hearing Iowans at any age.

Voice/TTY: 1-888-221-3724 or 515/ 281-3164
Fax: 515/ 242-6119
E-mail: dhr.dsci@iowa.gov
<http://www.state.ia.us/government/dhr/ds/index.html>

Early Access

Early ACCESS serves infants and toddlers under the age of three that have "a condition or disability that is known to have a high probability of later delays in growth and development if early intervention services are not provided" OR "are currently experiencing a 25% delay in one or more areas of growth and development." Early ACCESS is for families and staff to work together in identifying, coordinating and providing needed services and resources.

♦ Call Iowa COMPASS at 1-800-779-2001 for the regional contact in your area.

Easter Seals

Easter Seals is a community-based organization that provides programs, advocacy, education and support to people who have disabilities, their families and communities.

State Offices ♦ P.O. Box 4002 ♦ DSM ♦ 50333
Phone: 515/ 289-1933 ♦ FAX: 515/ 289-1281
TTY: 515/ 289-4069 ♦ <http://ia.easter-seals.org>

Family Support Subsidy

A monthly payment to help defray the costs of keeping a child with special needs at home. Family's taxable net income must be under \$40,000/year. Apply through Marion Kresse.

Phone: 515/ 281-4522

Governor's DD Council

A federally funded state agency committed to the empowerment of persons with developmental disabilities, working to make the system of support and services more responsive to individuals and families. The Council works to build and support other groups, like the Key Coalition, to accomplish this goal.

Voice/TTY: 1-800-452-1936 or 515/ 281-9082
Fax: 515/ 281-9087 ♦ E-mail: fmorris@dhs.state.ia.us
<http://www.state.ia.us/ddcouncil>

♦ InfoNet

Newsletter produced by the Governor's DD Council as a resource for information on legislative policy related to people with disabilities.

Phone: 1-866-432-2846 ♦ TTY/TDD: 1-866-432-2847
E-mail: info@idaction.org
<http://www.infonetiowa.com>

♦ ID Action

Iowans With Disabilities in Action is the DD Council's non-partisan statewide political action campaign to encourage Iowans with disabilities and their families to more fully exercise their democratic rights and responsibilities.

Phone: 1-866-432-2846 ♦ TTY/TDD: 1-866-432-2847
E-mail: info@idaction.org ♦ <http://www.idaction.org>

Iowa Able Foundation

Provides loans for assistive technology and home modifications.

c/o SPPG ♦ 200 10th Street, 5th Floor ♦ DSM ♦ 50309
Phone: 515/ 243-2000 ♦ TTY: 641/ 856-3350
<http://www.iowaable.org> ♦ E-mail: info@iowaable.org

Iowa Association of Community Providers

An association of agencies providing a variety of services to Iowans with disabilities.

7025 Hickman Rd. ♦ Urbandale, IA ♦ 50322
Phone: 515/ 270-9495 ♦ Fax: 515/ 270-1035

Iowa Department of Elder Affairs

Serves as a focal point for needs and concerns of older Iowans.

510 E. 12th, Suite 2 ♦ Des Moines ♦ 50319-9025
Phone: 515/ 725-3333 ♦ TTY: 515/ 725-3302
<http://www.state.ia.us/elderaffairs>

Iowa Department of Human Rights, Division of Persons with Disabilities

Provides individual assistance to Iowans with disabilities in the areas of employment, education, physical access, housing, transportation, etc.

Lucas State Office Building ♦ DSM ♦ 50319
Phone: 515/ 242-6172 or 1-888-219-0471
Fax: 515/ 242-6334 ♦ <http://www.state.ia.us/dhr/pd>

Iowa Federation of Families for Children's Mental Health

To link families to community, county and state partners for needed supports and services; and to promote systems change that will enable families to live in a safe, stable and respectful environment.

106 South Booth ♦ Anamosa ♦ 52205
Phone: 319/ 462-2187 or 1-888-400-6302
E-mail: Lori@iffcmh.org ♦ <http://www.iffcmh.org>

Iowa Legal Aid

Provides legal services to low-income Iowans.

1111 Ninth Street, Ste 230 ♦ DSM ♦ 50314
Phone: 1-800-532-1275 ♦ <http://www.iowalegalaid.org>
Legal Hotline for Older Iowans: 800-992-8161

Iowa Protection & Advocacy Services Inc. (P&A)

Protects the human and legal rights of people with disabilities and mental illness in Iowa.

950 Office Park Rd. ♦ Suite 221 ♦ West DSM ♦ 50265
Phone: 1-800-779-2502 or 515/ 278-2502
TTY: 515/ 278-0571 ♦ Fax: 515/ 278-0539
<http://www.ipna.org> ♦ E-mail: info@ipna.org

Iowa Respite & Crisis Care Coalition

IRCCC is a parent-driven, non-profit organization that provides referral, advocacy, information, and limited funding for respite/crisis care services.

3821 71st Street, Ste A ♦ Urbandale ♦ 50322
Phone: 1-877-255-3140 or 515/ 309-0858
Fax: 515/ 309-0860
E-mail: ed@irccc.com ♦ <http://www.irccc.com>

Iowa State Association of Counties (ISAC)

Private, non-profit state association of members of county government, a major funder of services to adults with disabilities.

501 SW 7th Street, Ste Q ♦ Des Moines ♦ 50309-4540
Phone: 515/ 244-7181 ♦ Fax: 515/ 244-6397
<http://www.iowacounties.org>

Iowa Statewide Independent Living Council

Statewide network of centers for independent living.

300 E. Locust, Suite 330 ♦ Des Moines ♦ 50309
Phone: 1-877-466-7442 or 515/ 282-0275 ♦ TTY: 1-877-469-0623
E-mail: dawn@iowasilc.org ♦ <http://www.iowasilc.org>

Iowa Vocational Rehabilitation Services

Works with individuals with disabilities to achieve their employment and economic goals.

Phone: 1-800-532-1486 or 515/ 281-4211
TTY: 1-800-735-2942 ♦ Fax: 515/ 281-7645
<http://www.ivrs.iowa.gov>

Social Security Administration

(U.S. Dept. of Health & Human Services) Offers assistance on Social Security and Supplemental Security Income (SSI).

Phone: 1-800-772-1213 ♦ TTY: 1-800-288-7185

♦ Denotes projects supported by the DD Council